



## Rough Guide to Birmingham IVC

Based in Birmingham, we have a membership covering the West Midlands, Warwickshire, Worcestershire and South Staffordshire geographical area.

- Do you want to have a more active social life and make new friends?
- Do you want to try new activities and sports?
- Do you want to go on weekends away with like minded people?
- Have you recently moved to the area and want to meet new people?
- Do you want to SuperCharge your Social Life?

Then Birmingham IVC is just what you are looking for!

Over 60 events every month.

Not-for-profit organisation

Run by its members for its members.

Birmingham IVC is one of 45 clubs associated to the Association of Inter-Varsity Clubs (AIVC) with over 4,000 members nationally [www.ivc.org.uk](http://www.ivc.org.uk)

January  
2013

Guide  
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**Your Main Contact:** **Peter Norris** *New Members Officer*

0788 599 4090 [NewMembers@BirminghamIVC.org](mailto:NewMembers@BirminghamIVC.org)

[www.birminghamivc.org](http://www.birminghamivc.org)

## History of Birmingham IVC

The first IVC was set up in 1946 in London by two undergraduates as a way of organising activities during the holidays between terms.

The London club soon spawned sub-branches. The first was in Manchester and the second was in Birmingham in 1954. On 3rd November 1958 Birmingham IVC became an independent club but has always maintained links with other IVC's.

Birmingham IVC was instrumental in setting up the AIVC, which is the Association of IVC's. This acts as a central helping body, particularly in supporting some of the smaller IVC's.

For those interested we have a collection of committee meeting minutes and bulletins archive all held by our resident historian and Archivist John.

Birmingham IVC is one of the largest IVC outside London.

At present our membership is just over 300 and climbing. We want you to help us get to 400+ !



## What we are really about!

**Joining IVC can change your life. Life is to be enjoyed and quite often we could do with a spring board. When meeting new friends it can give us the opportunity to experience things that are not always available to us as individuals.**

**The social side of IVC is probably the most important part. Long standing friendships are easily developed where it's easy to meet like minded people in an easy social setting.**

**We are not a commercial organisation. Run for our members, by our members, so we keep running costs to a minimum and pass all the benefits to the club membership. That's why our subscription is so low and many events are free of charge.**

**We're always looking for new members, of all ages, whether single or couples, to join us, so they can meet new people, try out new activities and above all, have a great time.**

## What members say about IVC

### Sarah aged 39

"IVC is the best thing that has happened to me in the last 12 months"

### Abigail aged 39

"Since joining IVC it has enabled me to participate in events where I can share the experience with like minded people, whether it be going to the theatre, watching bands or walking in the wildest parts of the countryside. I love IVC".

### Doris aged 95

Jumping out of an aeroplane at 20,000 ft was only possible to me through the help of IVC. Unfortunately Doris has since died but her family were happy with IVC because she only needed a short coffin!



### Toni and Neil aged 30 & 29 respectively.

Being Students it is hard to make ends meet. But with IVC we can enjoy our passion for badminton at very reasonable rates with both excellent facilities and coaching.

### John aged 48

"Since coming to work in Birmingham I have found it to be a wonderful city and joining IVC has enabled me to get the best out of it".

### Rachel aged 52

"It has been a pleasure attending IVC for these last few months".

*Doris is inserted to see if you are reading this guide properly and not just glancing over it!*



## Our Main Club Night

### First Wednesday evening in the month at "The Garden House"

At 160 Hagley Road, Edgbaston, Birmingham B16 9NX (the pub is opposite the "Strathallan Hotel" - the round building by Portland Road)

Starts from 8:30pm. We have a separate area within the pub just for us. We can be found by following the IVC signs. Meet members of the committee and if you wish have a meal. At about 10pm someone takes the floor and gives out any announcements.

Note: The pub has a huge car park at the rear, access is via a small passage on the left hand side of the building.

Pete 0788 599 4090 [NewMembers@BirminghamIVC.org](mailto:NewMembers@BirminghamIVC.org)

## Other Club Nights around Birmingham

### Halesowen & Stourbridge - 2nd Thursday of the Month at the "Stag & Three Horseshoes" B62 9BB



Hosts: - Bernie and Alan. The Stag and Three Horseshoes. Halesowen Rd, West Midlands, B62 9BB. Come and join us for a warm welcome social evening. Enjoy a meal from the wide range of food on the menu or have a few drinks with us. Starting at 7:30pm.

Contact: Bernie 0121 550 9036 [Halesowen@BirminghamIVC.org](mailto:Halesowen@BirminghamIVC.org) or Alan 07825 870404

### Solihull - 2nd Tuesday of the Month at the "Woodman's Rest" B90 3DB



The "Woodmans Rest" Junction of Union Road and Longmore Road. Tuesday night is grill night, get a tasty grill and drink for only £5.99. Starting at 8pm.

Contact: Sandra 01564 739443 / 0799930 81188 Pam 0121 705 5302 / 07855 766457

### Sutton Coldfield - 3rd Tuesday of the Month at the "Wylde Green" B72 1DH



Birmingham Road, Wylde Green, Sutton Coldfield B72 1DH

A former old Coaching Inn, good pub food is available and the special offer is two main courses for only £9. Starting at 8pm.

Contact: Peter Hanna 07886 602621 [TowerPete@BirminghamIVC.org](mailto:TowerPete@BirminghamIVC.org)

### Birmingham - last Wednesday of the month at "Edmunds Bar" on Bennetts Hill - Birmingham B3 2ES



Starts from 8:30pm. This evening is where we have a separate area within the pub just for us. We can be found by following the IVC signs. We do sometimes try other venues on this and other Wednesdays so check the web site.

Pete 0788 599 4090 [NewMembers@BirminghamIVC.org](mailto:NewMembers@BirminghamIVC.org)

There is a joining Form at [www.BirminghamIVC.org/docs/A5ApplicationForm.pdf](http://www.BirminghamIVC.org/docs/A5ApplicationForm.pdf)

Please check with contacts or [www.ActivityExchange.com/BirminghamIVC/Events](http://www.ActivityExchange.com/BirminghamIVC/Events) to confirm date and venue as these may have changed by the time you read this.

# Weekends and Holidays



Have you ever thought what it would be like to go on a holiday with a really good group of friends. Well at IVC it happens all the time. Many weekends are booked by IVC each year. These vary from simple bunk-house accommodation to luxury hotels.



They are a great way to get to know members and have a good time. We eat, drink and participate in many activities from sightseeing and shopping to mountain biking and walking.



The hostel weekends are very good value. We all help out with the cooking; washing up and the organisation of activities such as sight seeing, walking or climbing (not available in the Netherlands). The costs are divided up. Often no more than £20 for two nights away.



Most weekends run from Friday evening to Sunday afternoon, but the Bank Holiday weekends can last until Monday Afternoons. For instance: at August bank holiday we have a trip on the continent and many members use it as one of their annual holidays.



The 'Gourmet week- end' is one of the most popular and tends to be booked up very quickly. As you can imagine we have plenty of beautiful food in lovely settings with fantastic people, and all very cheaply.



A group of members every now and then, get together and become really ambitious and may go on Safari to deepest Africa or a spin round the world to New Zealand.

IVC holidays are always popular. Recent ones have been to Madrid, skiing in France, and Canal Boat holidays in the UK.

If you would like to be part of one of these weekends, or a holiday, then please see the Weekend co-ordinator – Dave (full details in the monthly bulletin)

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**Keeping in Touch!** With such a busy club, we need to keep in touch.

## The Monthly Bulletin

Every month, Graham or Dave our Bulletin editors produce our bulletin. It has details and pictures of over 50 events every issue. Plus articles, information and application forms for weekends away etc. All members receive a copy, either as a Paper booklet or an Email version.



It is a really good read.

## Website Communications

At Birmingham IVC we use a website that is designed for the National network of IVC clubs. "Activity Exchange" allows members to add and announce events, show photo's and email each other. Non Members can go to the site and view activities and photo's. All new members can access other areas via passwords.



Go to [www.ActivityExchange.com/BirminghamIVC](http://www.ActivityExchange.com/BirminghamIVC)

# IVC Walks

Walks are easy events to participate in and good fun for anyone. There is a range of them available, some are short and easy, while others are a bit more demanding.

If you are not used to walking in the darkest parts of the countryside, IVC is an ideal place to have a go. You would be made to feel most welcome. Going for a walk is not a race! We walk at the pace of the slowest.



Walks do seem to involve a pub, which most people seem not to find too much of a problem!

There are no charges for our walks because it's all done for members by members.

Jan *Walks Advisor*

## Tips for Walking

- Water—always take some especially in the summer.
- Boots—high heeled shoes and walking do not mix. Trainers do not like mud and water, plus give poor support for ankles.
- Clothes—we have great weather in Britain it always seems to be changing, so if it rains we can get wet but still have fun when you are wearing the right kit.
- Tell the walk leader if you have health problems, disabilities or conditions.
- If your body has a tendency to break down after a few hours it is important that you take some form of energy food eg. those cardboard bars of cereal or a mars bar, perhaps a banana and apple.

## IVC Sports - Wednesday & Friday Evenings - B15 2UB



IVC has superb Sports facilities to offer to its members.

Available are Badminton, Squash, Racket Ball and Tennis in the Summer. There should be something there for you! The cost is extremely reasonable and there is no need to book, simply turn up and put yourself down for what you want.

We play from 7.20pm until 9.20pm in 20 minute sessions.

Any enquiries please contact our Sports Secretary.

**Kevin** on 0782 144 1913



### Our Coach - Manu

At Birmingham IVC we have our own badminton coach. Manu is a county coach. He is brilliant at coaching at all levels. From the total beginner to the expert player.

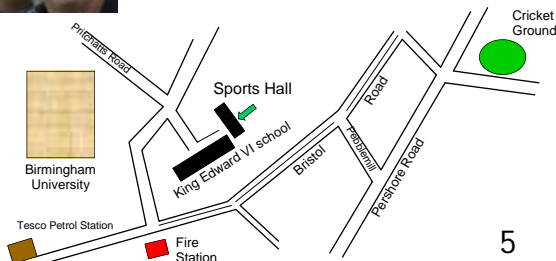
sports evenings at

**King Edward's Girls School**

**Edgbaston Park Rd**

**Birmingham B15 2UB**

held in the Sports Hall (see map).



## The 2012/2013 Committee



Rose Huish  
*Secretary*



Andy Turton  
*Social  
Secretary*



Peter Norris  
*Webmaster &  
New Members*



Kevin Ridd  
*Sports  
Secretary*



Frank Dawson  
*Treasurer*



Brian Roberts  
*Membership  
Secretary*



Graham Hankins  
*Bulletin  
Editor*



David Gausson  
*Bulletin  
Editor*

Full Membership of Birmingham IVC  
is less than 40p a week!

Only £20 a year with email Bulletin.



## Sample of events across a couple of recent weeks

Why not join us to take part!

### **Friday**

Sports Evening - Badminton And Table Tennis  
Buddy Holly Tribute Night  
Selly Park Tavern Social Evening

### **Saturday**

60s Night Out At The Barn  
Teddy Thompson At Town Hall  
Flashdance, The Musical  
Lunch At Wing Wah Chinese Restaurant (Nechells)  
Twilight Afterburner Extravanga (Invite From Nottingham IVC)  
The Kosh (contemporary Dance)  
Dance Night At Tower Ballroom

### **Sunday**

Steam Powered Wyre Forest & Severn Valley Walk From Bewdley  
Real Ale Expedition

### **Monday**

Book Club  
Bollywood Dance Lesson  
Salsa Dancing - Kings Heath

### **Tuesday**

Ceroc Dancing  
Solihull Pub Night At Woodmans Rest  
Bridge

### **Wednesday**

Sports Evening - Badminton And Table Tennis  
Club Social Night Birmingham City Centre

### **Thursday**

Jazz-Jive, Lindy Hop & Balboa Dancing - Kings Heath  
Salsa Classes - Moseley

### **Friday**

Sports Evening - Badminton And Table Tennis  
Selly Park Tavern Social Evening  
Friday Folk Dance

### **Saturday**

Martin Speake - (Cool Jazz )  
Bridge

### **Wednesday**

Sports Evening - Badminton And Table Tennis  
Club Social Night At Bennett's, Birmingham City Centre

### **Thursday**

Quiz Night In Shirley  
Jazz-Jive, Lindy Hop & Balboa Dancing - Kings Heath  
Salsa Classes - Moseley

### **Friday**

Sports Evening - Badminton And Table Tennis  
Friday Folk Dance  
Buddy Holly Tribute Night  
Selly Park Tavern Social Evening

### **Saturday**

Womborne Walk (4.5 Miles)  
Don John @ Birmingham Rep  
Meal In Lichfield  
Balti and 3 bands

### **Monday**

Bollywood Dance Lesson  
Salsa Dancing - Kings Heath

### **Tuesday**

Solihull Club Night 2  
Ceroc Dancing  
Bridge

### **Wednesday**

Sports Evening - Badminton And Table Tennis  
Club Social Night At Bennett's, Birmingham City Centre

### **Thursday**

Jazz-Jive, Lindy Hop & Balboa Dancing - Kings Heath

## Some of the things we have done in the last 12 months



**Rob in North Wales  
Aug 2012**



**Fire Breathing!!!!  
Kington Weekend May 2012**



**Jet Skiing July 2012  
Kingsbury Water Park**



**"Go Ape" April 2012**



**Solihull Cycling  
Oct 2012**



**Canwell to Hopwas 11 miles  
Walk on Lovely Sunny day in  
Feb 2012**

### **Cost of Membership**

A 3 Month Prospective Membership is only £10 and allows you go to all Birmingham IVC events. (Note: The £10 is refundable for a "Weekend Away" if your full application is successful within the 3 months).

### **Fees for Membership Year (2012/2013) are :**

Ordinary member	£20 (e-mail bulletin only) £35 (paper bulletin)
Distant members (over 50miles)	£10 (e-mail bulletin only) £25 (paper bulletin)
Concessionary member	£3 (e-mail bulletin only)
<b>(Full Members who are full-time Students or on state benefit)</b>	<b>£18 (paper bulletin)</b>

### **How to Join** (You need to be over 18.)

Fill in a Prospective Membership Application form.

(available at <http://www.BirminghamIVC.org/docs/A5ApplicationForm.pdf>)

Send or give to our New Members Officer with £10 for 3 months Prospective Membership.

After you have attended 6 events, apply for Full Membership. As easy as that!

### ***Application forms and £10 to:***

**Peter Norris**  
New Members Officer  
424 Slade Rd,  
Erdington  
Birmingham